

SANCTUARY

BY DESIGN

# The Nine Key Areas of your home



# In Feng Shui, we divide the home into nine key areas using a compass.

But don’t worry, this is easy. You can use your phone compass or download a compass App.

Please note that before you take your compass reading, take off any jewellery as this can affect the magnet inside the compass.

The most accessible areas to find are North and South.

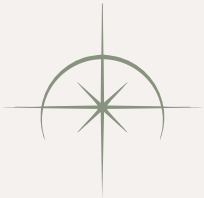
Get a feel as to where these are and it will help you find the other areas.

We also use the central area of the home too, which obviously won’t be on the compass, but is literally the central spot in your home.

Once you have found these, have a look at what element of your life each of the areas represents.

Is it something that you would like to improve?

Or are you happy with how it is?



# **The nine areas of your home** and what they represent

| | | |
|---|---|---|
| **North West**<br>Helpful people and travel | **North**<br>Career, business and life's journey | **North East**<br>Knowledge and skill building (if you meditate this is a powerful place to do so) |
| **West**<br>Fertility, children and new beginnings | **Centre**<br>This area is responsible for your health (physical and mental) and self-acceptance | **East**<br>Family and community |
| **South West**<br>Love and marriage | **South**<br>Fame, reputation and recognition | **South East**<br>Wealth, prosperity and abundance |

# Looking to create positive change in any of your nine areas?

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